CES Weekly Knowledge Exchange

News, Events, Policy, Research, Stats, Resources

Monday April 4\textsuperscript{th} – Friday April 8\textsuperscript{th}
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News

Child Protection and Welfare

Why babies all over the world are now sleeping in boxes (BBC News)
Click here
Date: 04.04.16

Child and Adolescent Health and Development

Is indoor living affecting our children? (Irish Times)
Feature in the Health Supplement in advance of the Early Childhood Ireland conference next week.
Includes contributions from Claire Warden (Keynote speaker) and Orla Doyle (Geary).
Click here
Date: 05.04.16

Parenting and Family Support

Gentle parenting: The mindfulness alternative to 'time-out' (The Irish Independent)
Click here
Date: 06.04.16
**Education**

**Teachers must remain open to learning (Irish Times)**
Opinion piece by Tomas O Ruairc (The Teaching Council).
Click [here](#)
Date: 05.04.16

**Mental Health**

**Mental health facilities criticised (The Irish Times)**
Click [here](#)
Date: 07.04.16

**Dementia**

**Pressure on women to leave workforce could lead to Alzheimer’s (The Irish Times)**
Click [here](#)
Date: 07.04.16

**Charter aims to change view of dementia (The Irish Times)**
Click [here](#)
Date: 08.04.16

**Case study: Pain of explaining dementia to family (The Irish Times)**
Click [here](#)
Date: 08.04.16

**Service Implementation & Delivery**

**Investment in society crucial to Ireland’s future success (The Irish Times)**
Click [here](#)
Date: 04.04.16

**View from abroad: how to fix the Irish health service (The Irish Times)**
Click [here](#)
Date: 05.04.16

**Public Service Reform**

**Ehealth strategy makes strides (Health Matters)**
Progress on development of the use of technology within the Irish health system, including the use of e-referrals, the development of an electronic health record and unique health identifiers, the use of open data and the Irish Council of Information Officers.
Click [here](#)
Date: 08.04.16
Tools

#MindYourSelfie

#MindYourSelfie, is a series of mental health information eBooks that will be available to Primary and Secondary Schools, Colleges, Businesses and Community Groups. Each eBook has a different theme for each sector. The eBook contains advice on ways to take care of our mental health, warning signs, helpline advice and causes of mental health problems.

Click here

Being-With and Shark Music (Video)

The Circle of Security is a relationship based early intervention program designed to enhance attachment security between parents and children. At the heart of the Circle of Security is the art of Being-With. This capacity includes identifying what gets in the way of attachment, like ‘Shark Music’. Produced with Hands Up England, Circle of Security present an animation to help parents take care of their children.

Click here

Indicator List for Early Childhood Development (Child Trends)

The Child Trends DataBank examines and monitors more than 100 indicators that focus on both risks and positive development for children. They also conduct in-depth reviews of subpopulations of children and youth – for example, children in adoptive families, infants and toddlers, and children in a particular region or jurisdiction.

Click here

Symposium for early years researchers and research students (TCD)

In partnership with the NCCA, the Researching Early Childhood Education Collaborative (RECEC) at the School of Education in Trinity College hosted a symposium in October 2015 entitled ‘Early Educational Alignment: Reflecting on Context, Curriculum and Pedagogy’. The slides and video recordings of the conference are available online.

Click here

The Myth of Scale and Sustainability (Video)

Matt Andrews, professor at the Harvard Kennedy School, examines scale and sustainability. This video is part of a series produced by the Building State Capability (BSC) programme at the Centre for international development at Harvard University, which researches new strategies and tactics to build the capability of public organisations to execute and implement.

Click here

The DIY Toolkit

Practical tools to trigger and support social innovation, developed by Nesta. Tools are provided in a range of formats, including short animations and worksheets. Tools draw on hundreds of tools already developed (eg they include Theory of Change).

Click here
Blogs

The politics of science funding: we need to think about science and knowledge production in a more practical light
Click here

Mental Elf: Parenting interventions for children with severe attachment problems
Summarises a systematic review of the clinical effectiveness and cost-effectiveness of parenting interventions for children with severe attachment problems.
Click here

Resources

Training professionals working with children in care
European project involves the production of a handbook, training initiatives, a set of European recommendations and advocacy activities.
Click here

Publications

‘The future of doing good’
New report from Big Lottery looks at the future of the charity sector. The report was completed by Sonia Sodha, freelance consultant and former advisor to Ed Miliband.
Click here to read the report
Click here to read an opinion piece from Scope NI

Collaborative practice with vulnerable children and their families
Book published by Julie Taylor and June Thoburn.
Click here to read more.

Children’s voices research report- children and young people’s perspectives on the police’s role in safeguarding: a report for Her Majesty’s Inspectorate of Constabularies
As part of their child protection inspection programme, Her Majesty’s Inspectorate of Constabularies (HMIC) commissioned ‘The International Centre: Researching child sexual exploitation, violence and trafficking’ at the University of Bedfordshire to undertake exploratory research with children and young people in England or Wales who have come into contact with the police because of concerns about their safety or wellbeing.
Click here

Young people caring for adults with dementia in England
This report explores the available evidence on children and young people who provide regular and ongoing care and emotional support for a person living with dementia. It addresses the prevalence, characteristics, needs and experiences of this group of children and young people, as well as the support available to them.
Click here
Promoting emotional health, well-being and resilience in primary schools
The Minister for Education and Skills asked the Public Policy Institute for Wales to provide expert advice on ‘what works’ in building the emotional resilience of children in primary schools in Wales and what the Welsh Government might do to support this. This report provides a synthesis of research and policy evaluations relating to school-based strategies to promote emotional health among primary school pupils, and makes evidence-based recommendations for Welsh Government policy regarding a national strategy in this area.
Click here

Lighting up young brains: how parents, carers and nurseries support children’s brain development in the first five years (Save The Children)
This briefing looks at the science behind young children’s brain development and its relationship to children’s language development. It shows how parents, carers and early years workers can support this process and makes a recommendation to the government to support young children’s language development by ensuring every nursery in England is led by an early years teacher by 2020.
Click here

Early Years High Impact Area 1 – transition to parenthood and the early weeks (GOV.UK)
Briefing paper for commissioners on the importance of the transition to parenthood and the early weeks for maternal mental health (perinatal depression), links to other policy areas and taking a systems approach.
Click here

Policy, Research, Stats

Research

Adverse childhood experiences and adult well-being in a low-income, urban cohort
This study tests the association between adverse childhood experiences (ACEs) and multidimensional well-being in early adulthood for a low-income, urban cohort, and whether a preschool preventive intervention moderates this association.
Click here

Parental perceptions of weight during the first year of life
The objective of this study was to assess whether parents of 2-12month-old infants are able to accurately perceive their children’s weight status.
Click here

Organisation of newborn hearing screening programmes in the European Union: widely implemented, differently performed
The objective of this article was to establish an overview of the newborn hearing screening programmes in the 28 countries of the European Union on four topics (policy-decision, financing, general designs, organisational features).
Click here
Gender-informed, psychoeducational programme for couples to prevent postnatal common mental disorders among primiparous women: cluster randomised controlled trial (Open Access)
The aim was to determine whether What Were We Thinking (WWWT) a gender-informed, psychoeducational programme for couples and babies can prevent postpartum common mental disorders among primiparous women 6 months postpartum. Click here

The co-existence of depression, anxiety and post-traumatic stress symptoms in the perinatal period: a systematic review
The aim of this study was to identify and appraise the current international evidence regarding the presence and prevalence of the co-existence of depression, anxiety and post-traumatic stress symptoms in the antenatal and post-partum period. Click here

Breastfeeding in the 21st century: epidemiology, mechanisms, and lifelong effect (Open Access)
In low-income and middle-income countries, only 37% of children younger than 6 months of age are exclusively breastfed. With few exceptions, breastfeeding duration is shorter in high-income countries than in those that are resource-poor. Recent epidemiological and biological findings from during the past decade expand on the known benefits of breastfeeding for women and children, whether they are rich or poor. This meta-analysis was published in The Lancet. Click here

Events
Research in practice: Free webinar: Understanding attachment difficulties in young people who are in care or on the edge of care
Presenter: Dr David Shemmings
Date: 12.04.16
Time: 1400-1500
Click here

Play is FUNdamental: 2 Day Conference & AGM (Early Childhood Ireland)
Venue: Croke Park Conference Centre
Date: 15th-16th April 2016
Click here

OMEP Ireland Conference 2016: Change and Challenge in the Early Years
Venue: University College Cork
Date: 23rd April 2016
Time: 9am-4pm
Click here
Immigrant Council of Ireland: *Migrant children in Ireland* (Training and Outreach)

**Venue:** Limerick, Cork and Limerick  
April 2016  
Contact: Legal_Intern@immigrantcouncil.ie

NEET Youth in the aftermath of the crisis

**Venue:** ESRI  
**Date:** 12.05.16  
**Time:** 16.00-17.30  
Click [here](#)

What Works Global Summit 2016

**Venue:** London  
**Date:** 26-28 September 2016  
Click [here](#)  
Calling for submissions

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**Other useful information:**

- Barnardos Daily Digest (ROI). Sign up for daily news updates. [Click](#)
- Eurochild InfoFlash. No.13 08.04.16. Click [here](#)
- The Wheel – Sector Connector Newsletter. Subscribe for weekly updates. [Click](#)